

Schweizerischer Rettungsschwimmtest 1–4

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 www.swimsports.ch Bestellen Sie die Abzeichen per Internet.

Bitte halten Sie sich genau an die Abnahmebedingungen!

Veranstalter:

Daten

| X = erfüllt O = nicht erfüllt | | Test 1 | | | | | | Test 2 | | | | | | Test 3 | | | | | | Test 4 | | | | | |
|----------------------------------|---|--------|---|---|---|---|---|--------|---|---|---|---|---|--------|---|---|---|---|---|--------|---|---|---|---|---|
| | | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 |
| 1–4 | Pflichtprogramm | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 + 6 | Wahlprogramm zwei Übungen aus ABC-Tauchen, Wasserspringen, Hindernisschwimmen; Rettungsschwimmen | | | | | | | | | | | | | | | | | | | | | | | | |
| Name, Vorname | | | | | | | | | | | | | | | | | | | | | | | | | |
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